



Contra Costa College Course Outline

Course Number	MEDIC 232
Course Title	Health Navigator I
Prerequisite	None
Challenge Policy	Completion of an equivalent course or challenge exam with a 'C' or better.
Co-requisite	MEDIC 150
Challenge Policy	None
Advisory	MEDIC 223

Number of Weeks	18
Lecture Hours By Term	36
Lab Hours By Term	
*Hours By Arrangement	
Units	2.0

***HOURS BY ARRANGEMENT:** Hours per term.

ACTIVITIES: (Please provide a list of the activities students will perform in order to satisfy the HBA requirement):

NA

COURSE/CATALOG DESCRIPTION

This course is designed to give students an introduction to the role of the health navigator. This role involves guiding clients toward achieving optimal health by utilizing the resources of the health care system. This role also includes coaching clients for increasing their involvement in the management of their own health. Topics include: an introduction to public health and health care policy in the U.S., cultural humility, principles for working with clients in the community, and conducting effective initial client interviews.

COURSE OBJECTIVES:

At the completion of the course the student will be able to:

- Define the field of public health: its key concepts and the practice of public health today.
- Describe the health care system and policies in the U.S.
- Explain the changing demographics in the U.S. and understand and practice cultural humility..
- Demonstrate an understanding of the guiding principles for working with individual clients as a health navigator.
- Demonstrate the ability to conduct an effective initial client interview as a health navigator.

INTENDED STUDENT LEARNING OUTCOMES:

- Explain the five guiding principles for working with individual clients as a health navigator.
- Role play an effective initial client interview using all the elements required in the three phases of a successful interview: beginning, middle, and end.

COURSE CONTENT (Lecture):

- An introduction to public health.
- Health care and health care policy in the United States.
- Cultural diversity in health care.
- Principles for working with individuals and their health care.
- Initial interviews with clients for health care.

COURSE CONTENT (Lab):

NA

METHODS OF INSTRUCTION:

Lecture
Multimedia
Group work
Discussion
Home assignments and review
Role play projects/demonstrations

INSTRUCTIONAL MATERIALS:

NOTE: To be UC/CSU transferable, the text must be dated within the last 7 years OR a statement of justification for a text beyond the last 7 years must be included.

Textbook Title:	Foundations for Community Health Workers
Author:	Berthold, Miller and Avila-Esparza
Publisher:	Jossey-Bass
Edition/Date:	2009
Textbook Reading Level:	13.5
Justification Statement:	(For textbook beyond 7 years)

Lab Manual Title	(if applicable):
Author:	
Publisher:	
Edition/Date:	

OUTSIDE OF CLASS WEEKLY ASSIGNMENTS:

Title 5, section 55002.5 establishes that a range of 48 -54hours of lecture, study, or lab work is required for one unit of credit. For each hour of lecture, students should be required to spend an additional two hours of study outside of class to earn one unit of credit.

- State mandates that sample assignments must be included on the Course Outline of Record.

Outside of Class Weekly Assignments

Hours per week

Weekly Reading Assignments *(Include detailed assignment below, if applicable)* 2

Read and analyze, from the class text, three of the guiding principles for working with clients: self-awareness, scope of practice, and behavior change; prepare for class discussions on terms, concepts, and textual analysis.

Weekly Writing Assignments *(Include detailed assignment below, if applicable)* 2

Prepare written analyses and self-assessments on three of the guiding principles for working with clients: self-awareness, scope of practice, and behavior change in order to demonstrate the application and understanding of the concepts and terms.

Weekly Math Problems *(Include detailed assignment below, if applicable)*

Lab or Software Application Assignments *(Include detailed assignment below, if applicable)*

Other Performance Assignments *(Include detailed assignment below, if applicable)*

STUDENT EVALUATION: (Show percentage breakdown for evaluation instruments)

- Course must require use of critical thinking, college-level concepts & college-level learning skills.
- For degree credit, course requires essay writing unless that requirement would be inappropriate to the course objectives. If writing is inappropriate, there must be a requirement of problem-solving or skills demonstration.

% Essay (If essay is not included in assessment, explain below.)
 Essays are inappropriate for this course; short answers/paragraphs will be required and graded that pertain to case studies using problem solving and critical thinking skills

15 % Computation or Non-computational Problem Solving Skills

35 % Skills Demonstration

50 % Objective Examinations

Other (describe)

<input type="checkbox"/>	%	
<input type="checkbox"/>	%	
<input type="checkbox"/>	%	

GRADING POLICY: (Choose LG, P/NP, or SC)

Letter Grade
 90% - 100% = A
 80% - 89% = B
 70% - 79% = C
 60% - 69% = D
 Below 60% = F

Pass / No Pass
 70% and above = Pass
 Below 70% = No Pass

Student Choice
 90% - 100% = A
 80% - 89% = B
 70% - 79% = C
 60% - 69% = D
 Below 60% = F
or
 70% and above = Pass
 Below 70% = No Pass

Prepared by:
Date:

Revised form 01/14